

EVALUATION OF HEPAFYTE (A HERBAL PREPERATION) FOR ALCOHOLIC LIVER DISEASE

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An open study on 10 patients manifesting symptoms of alcoholic hepatitis was conducted to test the safety and efficacy of the herbal hepato protective drug (HEPAFYTE). The patients were recruited from an out patient clinic of a de addiction center. Thorough history and physical examination was carried out. Pre and post therapy biochemical tests as well as haematological tests and ultrasound scan was carried out. Patients were followed up at fortnightly interval for three months when they were examined in details and symptom score was noted.

The results showed a decrease in the level of SGOT (36.26%), SGPT (39.19%), GGT (6.50%) and Billirubin (18 %). There was significant improvement in anorexia ($P < 001$), vomiting ($P < 0.001$), fatigue ($P < 0.010$), sleep disturbance ($P < 0.025$) and right upper quadrant pain ($P < 0.010$). The drug was well tolerated and except for mild rise in tri glyceride in one patient no adverse effect was noted. This study paves the way for further double blind trials.

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